# Sonic Nutrition Facts Guide

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total calories total calories from fat total fat (g) saturated fat (g) trans fat (g) cholesterol (mg) sodium (mg) total carbohydrates (g) dietary fiber (g) sugar (g) protein (g) CHICKEN Δ ASIAN SWEET CHILI BONELESS WINGS 6 PC. 470 210 24 9 0 80 1450 32 2 14 30

July 2020 Nutritional Brochure - Sonic Drive-In
> Sonic Blast Made with Chocolate Chip Cookie Dough, Small: cal: 750: 390: 43: 25: 1: 100: 490: 84: 0: 65: 9 > Sonic Blast Made with M&M's, Minis Chocolate Candies, Large: cal: 1,540: 720: 80: 49: 2: 210: 680: 183: 3: 138: 22 > Sonic Blast Made with M&M's, Minis Chocolate Candies, Medium: cal: 1,060: 490: 54: 34: 2: 135: 430: 127: 2: 98: 15 > Sonic Blast Made with M&M's, Minis Chocolate Candies, Mini: cal: 530: 250: 27: 17: 1: 65: 210: 65: 1: 51: 7

Sonic Drive-In Nutrition Facts and Calories - Menu With ...
sonic splash: calories: protein (g) total carbs (g) sodium (mg) sugars (g) sonic splash□ blackberry† & pineapple wacky pack® 35: 0: 9: 10: 8: sonic splash□ blackberry† & pineapple small: 35: 0: 9: 15: 8: sonic splash□ blackberry† & pineapple medium: 80: 0: 18: 25: 16: sonic splash□ blackberry† & pineapple large: 110: 0: 28: 40: 24: sonic splash□ blackberry† & pineapple rt 44® 150: 0

Sonic Nutrition Facts & Calorie Information: Sonic Drive ...
Read Book Sonic Nutrition Facts Guide Sonic Sonic Cheeseburgers contain between 590-680 calories, depending on your choice of options. Choose from the options below to see the full nutrition facts, ingredients and allergen information.

Sonic Nutrition Facts Guide - contradatrinitas.it
1540 calories, 80g fat, 49g saturated fat, 2g trans fat, 680mg sodium, 183g carbohydrate, 138g sugar, and 22g protein. If you have your heart set on a shake, choose the smallest "mini" size. You can get just about any flavor shake for fewer than 500 calories if you stick with the smallest size.

Sonic Nutrition Facts: Healthy Menu Choices for Every Diet
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Sonic Nutrition Facts Guide - logisticsweek.com
Breakfast With the Highest and Lowest Calories on the Sonic Drive-In Menu. The Breakfast on the Sonic Drive-In menu with the lowest amount of calories are Syrup (90 calories), Jr. Breakfast Burrito (280 calories) and Cream Cheese (290 calories). The Breakfast on the Sonic Drive-In menu with the highest amount of calories are Ultimate Meat & Cheese Breakfast Burrito (800 calories), Bagel Breakfast Sandwich With Sausage (680 calories) and Breakfast Toaster Sausage (670 calories).

Sonic Drive-In Nutrition Info & Calories Nov 2020 ...
Acces PDF Sonic Nutrition Facts Guide Top Sonic Nutrition Foods with an Ultimate Calories Guide ... The SONIC nutritional facts available from the company place the complete amount of SONIC calories to be somewhere around 500. Further, the SONIC nutrition facts for the burrito estimate the amount of fats, carbohydrates and proteins.

Sonic Nutrition Facts Guide - Aplikasi Dapodik
Sonic Burger. Nutrition Facts. 520-620 calories. Sonic Cheeseburger. Nutrition Facts. 590-680 calories. Super Sonic Bacon Double Cheeseburge. Nutrition Facts. 1030 calories.

Sonic Nutrition Facts - FastFoodNutrition.org
Sonic Nutrition Facts - abcd.rti.org Sonic Sonic Burger Nutrition Facts. Sonic; Burgers; Sonic Burger ; Sonic Sonic Burgers contain between 640-740 calories, depending on your choice of options. Choose from the options below to see the full nutrition facts, ingredients and allergen information. Sonic Burger W/ Mustard. Nutrition Facts.

Sonic Nutrition Facts Guide
SONIC ® Cheeseburger. New! <450 calories Limited Time Regional. Super SONIC ® Double Cheeseburger. New! <450 calories Limited Time Regional. Super SONIC ® Bacon Double Cheeseburger. New! <450 calories Limited Time Regional. Quarter Pound Double Cheeseburger. View more Cheeseburgers. Coneys & Hot Dogs.

Sonic - America's Drive-In
This Sonic nutrition facts menu has 890 calories including 53 gram of fat, 57 gram of carbs and 46 gram of protein. It is better for you to choose the breakfast menu which will support your body to produce energy before you have lunch. But you also have to consider Sonic nutrition facts its high calories which has no enough vitamin and mineral.

Sonic Nutrition Facts Guide - amsterdam2018.pvda.nl
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Sonic - America's Drive-In
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Get nutrition information for Sonic items and over 190,000 other foods (including over 3,000 brands). Track calories, carbs, fat, sodium, sugar & 14 other nutrients.

Sonic Nutrition Facts. Calories, carbs, fat, sodium & more ...
Download File PDF Sonic Nutrition Facts Guide Sonic Nutrition Facts Guide sonic® burger with mustard 520 200 23 7 1 65 860 53 3 11 27 sonic® burger with mustard, ketchup & mayo 640 300 34 9 1 70 1070 57 3 14 27 sonic® cheeseburger with ketchup 600 250 28 10 1 85 1240 58 3 14 30 sonic® cheeseburger with mayo 680 350

Sonic Nutrition Facts Guide - abcd.rti.org
The SONIC nutritional facts guide is something that would assist you along with the SONIC nutrition calculator. These two tools would ensure that you have an accurate estimate of the amount of nutrients. That you are having in your SONIC meal. This information is extremely crucial for people looking at weight loss or bodybuilding.

Handy SONIC Nutrition Calculator | Nutrition Facts : The ...
You are at: Home » Restaurants » Sonic Drive-In Calories – Fast Food Nutrition Facts. Sonic Drive-In Calories – Fast Food Nutrition Facts 0. By ShapeFit on February 19, 2015 Restaurants. Menu Item ... Barbell Lunges – Quadriceps Exercise Guide with Photos.

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